

HEALTH

601651 - Health

The Health Education course places emphasis on the development of a positive lifestyle and responsible decision making which will lead to the prevention of disease and disability for our students. The following topics will be included in this curriculum - human growth and development, nutrition, first aid, disease prevention, community and consumer health, physical, mental and emotional health including youth suicide prevention, substance abuse prevention and safety and accident prevention. The grade in the course will be pass/fail and this course must be taken and passed every year that a student is in attendance at Westbrook High School.

Grades: 9 through 12 Credit: $\frac{1}{4}$

Length: 1 year

Weight Pass/Fail